The Epilepsy Foundation New England (EFNE) Resource Room partners with the Dartmouth-Hitchcock Epilepsy Center to provide support and resources for people with epilepsy throughout New Hampshire. The Epilepsy Resource Room is staffed by EFNE Epilepsy Resource Room Coordinators, who are trained AmeriCorps members dedicated to serving the epilepsy community.

Contact us via phone at (617) 506-6041 ext. 151 or via email at ccambey@epilepsynewengland.org or cbray@epilepsynewengland.org.

TABLE OF CONTENTS
(Alphabetical - by county)

STATEWIDE

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services
Recreation & Wellness | Self-Management Services | Senior Services | Transportation

BELKNAP COUNTY

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services
Recreation & Wellness | Senior Services | Transportation

CARROLL COUNTY

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services
Recreation & Wellness | Senior Services | Transportation

CHESHIRE COUNTY

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services
Recreation & Wellness | Senior Services | Transportation

COOS COUNTY

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services
Recreation & Wellness | Senior Services | Transportation

GRAFTON COUNTY

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services
Recreation & Wellness | Senior Services | Transportation

HILLSBOROUGH COUNTY

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services
Recreation & Wellness | Senior Services | Social Services | Transportation
<table>
<thead>
<tr>
<th>County</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>MERRIMACK COUNTY</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Employment</td>
</tr>
<tr>
<td></td>
<td>Recreation &amp; Wellness</td>
</tr>
<tr>
<td>ROCKINGHAM COUNTY</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td>Employment</td>
</tr>
<tr>
<td></td>
<td>Recreation &amp; Wellness</td>
</tr>
<tr>
<td>STRAFFORD COUNTY</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>Employment</td>
</tr>
<tr>
<td></td>
<td>Recreation &amp; Wellness</td>
</tr>
<tr>
<td>SULLIVAN COUNTY</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td>Employment</td>
</tr>
<tr>
<td></td>
<td>Recreation &amp; Wellness</td>
</tr>
</tbody>
</table>
STATEWIDE

EMPLOYMENT
Granite State Independent Living
NH Community Action Agencies
NH Employment Security
NH Job Works

FOOD SECURITY
NH Community Action Agencies
NH Food Bank

HOUSING
NH Community Action Agencies
NH Housing Finance Authority

MEDICAL SERVICES
NH Department of Health and Human Services
NH Rx Assistance Programs

MENTAL HEALTH SERVICES
National Alliance on Mental Illness NH
NH Community Mental Health Centers
NH Mental Health Counselors Association
Substance Abuse and Mental Health Services Administration

MISCELLANEOUS SERVICES
Granite State Independent Living
NH Community Action Agencies -
NH Department of Administrative Services - Americans with Disabilities Act

- Indicates Youth and Family services

NH Division for Children, Youths, and Families -
NH Family Voices -
NH Legal Advice and Referral Center
NH Veterans Services
ServiceLink Aging and Disability Resource Centers
SSI/SSDI Services in NH
211 NH

RECREATION & WELLNESS
Art Therapist Locator – American Art Therapy Association
Music Therapist Locator – American Music Therapy Association
NH State Parks

SELF-MANAGEMENT PROGRAMS
HOBSCOTCH Institute for Cognitive Health and Well-Being
Managing Epilepsy Well Network

SENIOR SERVICES
Granite State Independent Living
NH Veterans Services
ServiceLink Aging and Disability Resource Centers

TRANSPORTATION
Easterseals NH
NH Medicaid Transportation
NH Rideshare

Rev:03/26/21
BELKNAP COUNTY

EMPLOYMENT
Community Action Program, Belknap-Merrimack Counties
New Hampshire Employment Security – Laconia Office

FOOD SECURITY
Community Action Program, Belknap-Merrimack Counties
(health, food, and nutrition)
NH Food Banks in Belknap County
The Salvation Army
St. Vincent de Paul

HOUSING
Community Action Program, Belknap-Merrimack Counties

MEDICAL SERVICES
HealthFirst Laconia

MENTAL HEALTH SERVICES
Granite State ABA Services, LLC
Lakes Region Mental Health Center, Inc.

MISCELLANEOUS SERVICES
Community Action Program, Belknap-Merrimack Counties
(health, food, and nutrition)

RECREATION & WELLNESS
Belknap County Activity Department
Boys & Girls Club of the Lakes Region
Girls Inc. Of New Hampshire
Gunstock Mountain Resort
Lakes Region Consumer Advisory Board Cornerbridge
(outpatient wellness programs)

SENIOR SERVICES
Abundant Blessings Homecare
Central NH VNA & Hospice
Community Action Program, Belknap-Merrimack Counties
Interlakes Community Caregivers, Inc.

TRANSPORTATION
Community Action Program, Belknap-Merrimack Counties
Interlakes Community Caregivers, Inc.
CARROLL COUNTY

EMPLOYMENT
New Hampshire Employment Security – Conway Office
Tri-County Community Action Program

FOOD SECURITY
Agape Ministries Food Pantry and Thrift Store
Madison Church Food Pantry
NH Food Banks in Carroll County
Tri-County Community Action Program

HOUSING
Tri-County Community Action Program

MEDICAL SERVICES
Huggins Hospital
Memorial Hospital – MaineHealth

MENTAL HEALTH SERVICES
Granite State ABA Services, LLC
Northern Human Services

MISCELLANEOUS SERVICES
Bartlett Public Library
The Laura Foundation for Autism and Epilepsy
Little Angels Service Dogs
The Revolving Closet (thrift store)
Tamworth ServiceLink

RECREATION & WELLNESS
Adaptive Sports Partners of the North Country
Bartlett Recreation Department
Carroll County Recreation Department
Moose Mountain Recreation, LLC
Tin Mountain Conservation Center
The Wood Trail System at Believe in Books

SENIOR SERVICES
Abundant Blessings Homecare
Central NH VNA & Hospice
The Gibson Center for Senior Services, Inc.
Interlakes Community Caregivers, Inc.
Retired & Senior Volunteer Program
Tri-County Community Action Program

TRANSPORTATION
The Gibson Center for Senior Services, Inc.
Interlakes Community Caregivers, Inc.
Madison Church (neighbors helping neighbors)
Retired & Senior Volunteer Program
Tri-County Community Action Program

- Indicates Youth and Family services
CHESHIRE COUNTY

EMPLOYMENT
New Hampshire Employment Security – Keene Office
Southwestern Community Services

FOOD SECURITY
The Community Kitchen, Inc.
Fall Mountain Food Shelf
The Federated Church of Marlborough (food pantry)
NH Food Banks in Cheshire County
The Salvation Army
Southwestern Community Services

HOUSING
Affordable Housing in Cheshire County
Keene Housing Authority
Southwestern Community Services

MEDICAL SERVICES
Cheshire Medical Center (DHMC affiliate)

MENTAL HEALTH SERVICES
Maps Counseling Services
Monadnock Family Services

MISCELLANEOUS SERVICES
Keene ServiceLink
Monadnock Center for Violence Prevention
Southwestern Community Services (energy assistance, weatherization)
Touchstone Farms (therapeutic horse farm)

RECREATION & WELLNESS
Keene County Club
Keene Family YMCA
Keene Parks and Recreation
Keene Racquet Club
Morningside Flight Park
Peterborough Parks and Recreation
Road’s End Farm
Shir-Roy Camping Area
Takodah YMCA

SENIOR SERVICES
Home Healthcare Hospice and Community Services
Monadnock RSVP Volunteer Center
The River Center
Southwestern Community Services

TRANSPORTATION
Community Volunteer Transportation Company
Home Healthcare Hospice and Community Services
Monadnock RSVP Volunteer Center
Southwestern Community Services

*Indicates Youth and Family services*
COOS COUNTY

EMPLOYMENT
New Hampshire Employment Security – Berlin Office
Tri-County Community Action Program

FOOD SECURITY
Madison Church Food Pantry
NH Food Banks in Coos County
Tri-County Community Action Program

HOUSING
Berlin Housing Authority
Tri-County Community Action Program

MEDICAL SERVICES
Androscoggin Valley Hospital
Coles County Family Health (FQHC)
Indian Stream Health Center (FQHC)
North Country Health Consortium
Tri-County Community Action Program

MENTAL HEALTH SERVICES
Coos County Family Health (FQHC)
Granite State ABA Services, LLC
Northern Human Services

MISCELLANEOUS SERVICES
Berlin ServiceLink
Little Angels Service Dogs

RECREATION & WELLNESS
Adaptive Sports Partners of the North Country
ATV Trail
City of Berlin Parks and Playgrounds
Coos Covered Bridges
Great Glen Trails
North Country Community Recreation Center
Randolph Mountain Club

SOCIAL SERVICES
Coles County Social Services Department
Family Resource Center

SENIOR SERVICES
Caleb Interfaith Volunteer Caregivers
The Morrison Communities
Tri-County Community Action Program
Town of Gorham Senior Programs

TRANSPORTATION
Coles County Family Health (FQHC)
NH Priority Rides
Tri-County Community Action Program
Tri-County Transit

*Indicates Youth and Family services*
GRAFTON COUNTY

EMPLOYMENT
Leddy Group
New Hampshire Employment Security – Littleton
Office
TPI Staffing Group
Tri-County Community Action Program

FOOD SECURITY
LISTEN Community Services
NH Food Banks in Grafton County
Sharon Food Shelf
Southwestern Community Services
Upper Valley Haven

HOUSING
Lebanon Housing Authority
LISTEN Community Services
Tri-County Community Action Program
Upper Valley Haven

MEDICAL SERVICES
Dartmouth-Hitchcock Epilepsy Center
Good Neighbor Health Clinic
North Country Health Consortium
United Health Care Complete Access

MENTAL HEALTH SERVICES
West Central Behavioral Health

MISCELLANEOUS SERVICES
Lebanon ServiceLink
LISTEN Community Services (heating helpers)
Littleton ServiceLink
Little Angels Service Dogs
PathWays of the River Valley

RECREATION & WELLNESS
Adaptive Sports Partners of the North Country
Cardigan Mountain State Park
Carter Community Building Association
Colburn Park
Mascoma Lake Campground
Mascoma River Greenway
Mighty Yoga Hanover
Mighty Yoga Lebanon
Northern Rail Trail/Mascoma River Greenway
Open Door Integrative Wellness
Quechee State Park
Riverside Park Pavilion & Skatepark
Shambhala Center of White River
Upper Valley Music Center
Upper Valley Zen Center

SENIOR SERVICES
Caleb Interfaith Volunteer Caregivers
Grafton County Senior Citizens Council, Inc.
Tri-County Community Action Program
360 SHS

TRANSPORTATION
Advance Transit
Easterseals New Hampshire
Southwestern Community Services
Tri-County Community Action Program

- Indicates Youth and Family services
HILLSBOROUGH COUNTY

EMPLOYMENT
- Hillsborough County Employment Directory
- Hillsborough County Unemployment Offices
- New Hampshire Employment Security – Nashua Office
- Southern New Hampshire Services, Inc.

MISCELLANEOUS SERVICES
- Manchester ServiceLink
- Nashua ServiceLink
- Salvation Army Hillsborough County
- Southern New Hampshire Services, Inc. (energy assistance, child development)
- Touchstone Farms (therapeutic horse farm)

FOOD SECURITY
- Nashua Soup Kitchen & Shelter
- NH Food Banks in Hillsborough County
- Southern New Hampshire Services, Inc.

RECREATION & WELLNESS
- Hudson, NH Recreation Center
- Hillsborough County Parks
- Hillsborough County Walking & Nature Trails
- YMCA Allard Center of Goffstown
- YMCA of Downtown Manchester

HOUSING
- Affordable Housing Services Hillsborough County
- Families in Transition
- The Front Door Agency
- Harbor Care (integrated housing)
- Manchester Housing and Redevelopment Authority
- Nashua Soup Kitchen & Shelter
- New Horizons Shelter
- Southern New Hampshire Services, Inc.

SOCIETAL SERVICES
- Western Hillsborough County Family Services

MEDICAL SERVICES
- Lamprey Health Care

MENTAL HEALTH SERVICES
- Greater Nashua Mental Health
- Hillsborough County Nonprofit Mental Health Services
- The Mental Health Center of Greater Manchester

SOCIAL SERVICES
- Western Hillsborough County Family Services

TRANSPORTATION
- The Care Givers
- Community Volunteer Transportation Company
- Gentle Care Rides
- Hillsborough County Rural Transportation Services
- Manchester Transit Authority
- Monadnock RSVP Volunteer Center
- Nashua Transit System
- Souhegan Valley Rides

Notes: Indicates Youth and Family services
## MERRIMACK COUNTY

### EMPLOYMENT
- Community Action Program, Belknap-Merrimack Counties
- New Hampshire Employment Security – Concord Office
- Second Start

### FOOD SECURITY
- Community Action Program, Belknap-Merrimack Counties (health, food, and nutrition)
- Henniker Food Pantry
- Hooksett Community Food Pantry
- Loudon Food Pantry
- Nashua Soup Kitchen & Shelter
- NH Food Banks in Merrimack County
- Pittsfield Food Pantry
- St. John Neumann (food pantry)
- United Church of Penacook Food Pantry

### HOUSING
- Community Action Program, Belknap-Merrimack Counties

### MEDICAL SERVICES
- HealthFirst Franklin

### MENTAL HEALTH SERVICES
- Greater Nashua Mental Health
- Riverbend Community Mental Health, Inc.

### MISCELLANEOUS SERVICES
- Boys & Girls Clubs of the Lakes Region (afterschool programs)
- Community Action Program, Belknap-Merrimack Counties (health, food, and nutrition)
- Concord ServiceLink
- Southern New Hampshire Services Programs
- Touchstone Farms (therapeutic horse farm)

### RECREATION & WELLNESS
- Concord Family YMCA
- Concord NH Parks & Rec Department

### SOCIAL SERVICES
- Bridges (domestic and sexual violence support)
- The Salvation Army

### SENIOR SERVICES
- Community Action Program, Belknap-Merrimack Counties
- Retired and Senior Volunteer Caregivers Program
- Salem Senior Services

### TRANSPORTATION
- The Care Givers
- Concord Area Transit
- Nashua Transit System
- Retired and Senior Volunteer Caregivers Program

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Rev: 03/26/21

*Indicates Youth and Family services*
ROCKINGHAM COUNTY

EMPLOYMENT
New Hampshire Employment Security – Salem Office
Rockingham County Careers
Rockingham County Employment Directory
Southern New Hampshire Services, Inc.

FOOD SECURITY
Gather
Southern New Hampshire Services, Inc.
St. Vincent de Paul
NH Food Banks in Rockingham County

HOUSING
Low-income Housing Rockingham County
New Generation, Inc.
Southern New Hampshire Services, Inc.

MEDICAL SERVICES
Lamprey Health Care

MENTAL HEALTH SERVICES
Center for Life Management
Seacost Mental Health Center, Inc.

MISCELLANEOUS SERVICES
Atkinson ServiceLink
Exeter, NH Community Services
Newmarket Community Church
Southern New Hampshire Services, Inc. (energy assistance, child development) - 🏡
Stratham ServiceLink
Touchstone Farms (therapeutic horse farm)

RECREATION & WELLNESS
Applecrest Farms
Childlight Yoga - 🏡
Derry Rail Trail
Londonderry Rail Trail
Musquash Conservation Area
Pawtuckaway State Park
Rockingham Recreational Rail Trail
Wason Pond
YMCA of Greater Londonderry
YMCA of the Seacoast

SOCIAL SERVICES
Southern New Hampshire Services

SENIOR SERVICES
Greater Salem Caregivers
ServiceLink of Rockingham County

TRANSPORTATION
Community Caregivers of Greater Derry
Cooperative Alliance for Regional Transportation
Cooperative Alliance for the Seacoast Transportation
Gentle Care Rides
Ready Rides
Rockingham County Meals on Wheels
Rockingham County Public Transportation
Transportation Assistance for Seacoast Citizens
Wildcat Transit
360 SHS
STRAFFORD COUNTY

EMPLOYMENT
Strafford County Community Action Program
New Hampshire Employment Security – Somersworth Office

FOOD SECURITY
Bethany United Methodist Church Food Pantry
NH Food Banks in Strafford County
St. Joseph Roman Catholic Church Food Pantry
Strafford County Community Action Program
St. Thomas Episcopal Food Pantry

HOUSING
Strafford County Community Action Program

MEDICAL SERVICES
Goodwin Community Health Center
Wentworth Health Partners

MENTAL HEALTH SERVICES
Community Partners of Strafford County

MISCELLANEOUS SERVICES
Rochester ServiceLink

Strafford County Community Action Program (energy assistance, youth/family services) - 🔻

RECREATION & WELLNESS
Friends in Action
YMCA of Strafford County

SOCIAL SERVICES
Rochester Salvation Army
Strafford County Community Action Program

SENIOR SERVICES
Abundant Blessings Homecare
Central NH VNA & Hospice
Cornerstone VNA
Strafford County Community Action Program

TRANSPORTATION
Cooperative Alliance for the Seacoast Transportation
Rockingham County Transportation Services
Strafford County Community Action Program
Wildcat Transit
360 SHS
# SULLIVAN COUNTY

## EMPLOYMENT
- Alpine Staffing Agency
- New Hampshire Employment Security – Claremont Office
- Southwestern Community Services
- TPI Staffing Group

## FOOD SECURITY
- Greater Sullivan Strong
- Kearsarge Lake Sunapee Community Food Pantry
- NH Food Banks in Sullivan County
- Southwestern Community Services
- Vital Communities

## HOUSING
- Directory of Assisted Housing
- Official Housing Authority
- Southwestern Community Services
- Turning Points Networks

## MEDICAL SERVICES
- Alice Peck Day Memorial Hospital
- Mt. Ascutney Hospital and Health Care Center
- New London Hospital
- Newport Health Center
- Sullivan County Health Care
- Valley Regional Health Care

## MENTAL HEALTH SERVICES
- Counselling Associates of New London
- Granite State ABA Services, LLC
- Mountain Valley Treatment Center
- Wediko Mental Health

## MISCELLANEOUS SERVICES
- Claremont ServiceLink
- Dover Public Library
- PathWays of the River Valley
- Southwestern Community Services (energy assistance, weatherization)
- Sullivan County Humane Society
- Touchstone Farms (therapeutic horse farm)

## RECREATION & WELLNESS
- Arrowhead Recreation Area
- Claremont Parks and Recreation
- Newport Parks and Recreation

## SOCIAL SERVICES
- Community Alliance for Human Services
- Southwest Community Services
- Turning Points Network

## SENIOR SERVICES
- Lake Sunapee Region VNA and Hospice
- Newport Senior Center
- The Sullivan County ServiceLink Program
- Visiting Angels

## TRANSPORTATION
- Golden Cross Ambulance
- Greater Sullivan Strong
- Southwestern Community Services
- Sullivan County Directory of Community Transportation Services

*Indicates Youth and Family services*