



The Epilepsy Foundation New England (EFNE) Resource Room partners with the Dartmouth-Hitchcock Epilepsy Center to provide support and resources for people with epilepsy throughout New Hampshire. The Epilepsy Resource Room is staffed by EFNE Epilepsy Resource Room Coordinators, who are trained AmeriCorps members dedicated to serving the epilepsy community.

Contact us via phone at (617) 506-6041 ext. 151 or via email at ccambey @epilepsynewengland.org or cbray @epilepsynewengland.org.

TABLE OF CONTENTS

(Alphabetical - by county)

STATEWIDE 3 Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Self-Management Services | Senior Services | Transportation **BELKNAP COUNTY** Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Senior Services | Transportation **CARROLL COUNTY** 5 Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Senior Services | Transportation CHESHIRE COUNTY 6 Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Senior Services | Transportation **COOS COUNTY** 7 Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Senior Services | Transportation **GRAFTON COUNTY** 8 Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services

HILLSBOROUGH COUNTY

Recreation & Wellness | Senior Services | Transportation

9

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services | Recreation & Wellness | Senior Services | Social Services | Transportation



MERRIMACK COUNTY 10

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Senior Services | Transportation

ROCKINGHAM COUNTY 11

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Senior Services | Transportation

STRAFFORD COUNTY 12

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Senior Services | Social Services | Transportation

SULLIVAN COUNTY

Employment | Food Security | Housing | Medical Services | Mental Health Services | Misc. Services Recreation & Wellness | Senior Services | Social Services | Transportation





STATEWIDE

EMPLOYMENT

Granite State Independent Living

NH Community Action Agencies

NH Employment Security

NH Job Works

FOOD SECURITY

NH Community Action Agencies

NH Food Bank

HOUSING

NH Community Action Agencies

NH Housing Finance Authority

MEDICAL SERVICES

NH Department of Health and Human Services

NH Rx Assistance Programs

MENTAL HEALTH SERVICES

National Alliance on Mental Illness NH

NH Community Mental Health Centers

NH Mental Health Counselors Association

Substance Abuse and Mental Health Services

Administration

MISCELLANEOUS SERVICES

Granite State Independent Living

NH Community Action Agencies -



NH Department of Administrative Services - Americans

with Disabilities Act

NH Division for Children, Youths, and Families -



NH Family Voices -



NH Legal Advice and Referral Center

NH Veterans Services

ServiceLink Aging and Disability Resource Centers

SSI/SSDI Services in NH

211 NH

RECREATION & WELLNESS

Art Therapist Locator – American Art Therapy Association

Music Therapist Locator - American Music Therapy

Association

NH State Parks

SELF-MANAGEMENT PROGRAMS

HOBSCOTCH Institute for Cognitive Health and Well-Being

Managing Epilepsy Well Network

SENIOR SERVICES

Granite State Independent Living

NH Veterans Services

ServiceLink Aging and Disability Resource Centers

TRANSPORTATION

Easterseals NH

NH Medicaid Transportation

NH Rideshare





BELKNAP COUNTY

EMPLOYMENT

Community Action Program, Belknap-Merrimack Counties New Hampshire Employment Security - Laconia Office

FOOD SECURITY

Community Action Program, Belknap-Merrimack Counties (health, food, and nutrition)

NH Food Banks in Belknap County

The Salvation Army

St. Vincent de Paul

HOUSING

Community Action Program, Belknap-Merrimack Counties

MEDICAL SERVICES

HealthFirst Laconia

MENTAL HEALTH SERVICES

Granite State ABA Services, LLC

Lakes Region Mental Health Center, Inc.

MISCELLANEOUS SERVICES

Community Action Program, Belknap-Merrimack -



Counties (health, food, and nutrition)

Laconia ServiceLink

The Salvation Army (thrift store)

St. Vincent de Paul (thrift store)

RECREATION & WELLNESS

Belknap County Activity Department

Boys & Girls Club of the Lakes Region -



Girls Inc. Of New Hampshire -



Gunstock Mountain Resort

Lakes Region Consumer Advisory Board Cornerbridge (outpatient wellness programs)

SENIOR SERVICES

Abundant Blessings Homecare

Central NH VNA & Hospice

Community Action Program, Belknap-Merrimack Counties Interlakes Community Caregivers, Inc.

TRANSPORTATION

Community Action Program, Belknap-Merrimack Counties Interlakes Community Caregivers, Inc.





CARROLL COUNTY

EMPLOYMENT

New Hampshire Employment Security - Conway Office

Tri-County Community Action Program

FOOD SECURITY

Agape Ministries Food Pantry and Thrift Store

Madison Church Food Pantry

NH Food Banks in Carroll County

Tri-County Community Action Program

HOUSING

Tri-County Community Action Program

MEDICAL SERVICES

Huggins Hospital

Memorial Hospital - MaineHealth

MENTAL HEALTH SERVICES

Granite State ABA Services, LLC

Northern Human Services

MISCELLANEOUS SERVICES

Bartlett Public Library

The Laura Foundation for Autism and Epilepsy

Little Angels Service Dogs

The Revolving Closet (thrift store)

Tamworth ServiceLink

Tri-County Community Action Program (energy assistance,

youth/family services) -



RECREATION & WELLNESS

Adaptive Sports Partners of the North Country

Bartlett Recreation Department

Carroll County Recreation Department

Moose Mountain Recreation, LLC

Tin Mountain Conservation Center

The Wood Trail System at Believe in Books

SENIOR SERVICES

Abundant Blessings Homecare

Central NH VNA & Hospice

The Gibson Center for Senior Services, Inc.

Interlakes Community Caregivers, Inc.

Retired & Senior Volunteer Program

Tri-County Community Action Program

TRANSPORTATION

The Gibson Center for Senior Services, Inc.

Interlakes Community Caregivers, Inc.

Madison Church (neighbors helping neighbors)

Retired & Senior Volunteer Program

Tri-County Community Action Program





CHESHIRE COUNTY

EMPLOYMENT

New Hampshire Employment Security - Keene Office

Southwestern Community Services

FOOD SECURITY

The Community Kitchen, Inc.

Fall Mountain Food Shelf

The Federated Church of Marlborough (food pantry)

NH Food Banks in Cheshire County

The Salvation Army

Southwestern Community Services

HOUSING

Affordable Housing in Cheshire County

Keene Housing Authority

Southwestern Community Services

MEDICAL SERVICES

Cheshire Medical Center (DHMC affiliate)

MENTAL HEALTH SERVICES

Maps Counseling Services

Monadnock Family Services

MISCELLANEOUS SERVICES

Keene ServiceLink

Monadnock Center for Violence Prevention

Southwestern Community Services (energy assistance,

weatherization) -

Touchstone Farms (therapeutic horse farm)

RECREATION & WELLNESS

Keene County Club

Keene Family YMCA

Keene Parks and Recreation

Keene Racquet Club

Morningside Flight Park

Peterborough Parks and Recreation

Road's End Farm

Shir-Roy Camping Area

Takodah YMCA

SENIOR SERVICES

Home Healthcare Hospice and Community Services

Monadnock RSVP Volunteer Center

The River Center

Southwestern Community Services

TRANSPORTATION

Community Volunteer Transportation Company

Home Healthcare Hospice and Community Services

Monadnock RSVP Volunteer Center

Southwestern Community Services







COOS COUNTY

EMPLOYMENT

New Hampshire Employment Security - Berlin Office

Tri-County Community Action Program

FOOD SECURITY

Madison Church Food Pantry

NH Food Banks in Coos County

Tri-County Community Action Program

HOUSING

Berlin Housing Authority

Tri-County Community Action Program

MEDICAL SERVICES

Androscoggin Valley Hospital

Coos County Family Health (FQHC)

Indian Stream Health Center (FQHC)

North Country Health Consortium

Tri-County Community Action Program

MENTAL HEALTH SERVICES

Coos County Family Health (FQHC)

Granite State ABA Services, LLC

Northern Human Services

MISCELLANEOUS SERVICES

Berlin ServiceLink

Little Angels Service Dogs

Tri-County Community Action Program (energy

assistance, youth/family services) -



RECREATION & WELLNESS

Adaptive Sports Partners of the North Country

City of Berlin Parks and Playgrounds

Coos Covered Bridges

Great Glen Trails

North Country Community Recreation Center

Randolph Mountain Club

SOCIAL SERVICES

Coos County Social Services Department

Family Resource Center

SENIOR SERVICES

Caleb Interfaith Volunteer Caregivers

The Morrison Communities

Tri-County Community Action Program

Town of Gorham Senior Programs

TRANSPORTATION

Coos County Family Health (FQHC)

NH Priority Rides

Tri-County Community Action Program

Tri-County Transit







GRAFTON COUNTY

EMPLOYMENT

Leddy Group

New Hampshire Employment Security – Littleton

Office

TPI Staffing Group

Tri-County Community Action Program

FOOD SECURITY

LISTEN Community Services

NH Food Banks in Grafton County

Sharon Food Shelf

Southwestern Community Services

Upper Valley Haven

HOUSING

Lebanon Housing Authority

LISTEN Community Services

Tri-County Community Action Program

Upper Valley Haven

MEDICAL SERVICES

Dartmouth-Hitchcock Epilepsy Center

Good Neighbor Health Clinic

North Country Health Consortium

United Health Care Complete Access

MENTAL HEALTH SERVICES

West Central Behavioral Health

MISCELLANEOUS SERVICES

Lebanon ServiceLink

LISTEN Community Services (heating helpers)

Littleton ServiceLink

Little Angels Service Dogs

PathWays of the River Valley

Tri-County Community Action Program (energy

assistance, youth/family services) -



Upper Valley Haven (education services)

RECREATION & WELLNESS

Adaptive Sports Partners of the North Country

Cardigan Mountain State Park

Carter Community Building Association

Colburn Park

Mascoma Lake Campground

Mascoma River Greenway

Mighty Yoga Hanover

Mighty Yoga Lebanon

Northern Rail Trail/Mascoma River Greenway

Open Door Integrative Wellness

Quechee State Park

Riverside Park Pavilion & Skatepark

Shambhala Center of White River

Upper Valley Music Center

Upper Valley Zen Center

SENIOR SERVICES

Caleb Interfaith Volunteer Caregivers

Grafton County Senior Citizens Council, Inc.

Tri-County Community Action Program

360 SHS

TRANSPORTATION

Advance Transit

Easterseals New Hampshire

Southwestern Community Services

Tri-County Community Action Program





HILLSBOROUGH COUNTY

EMPLOYMENT

Hillsborough County Employment Directory

Hillsborough County Unemployment Offices

New Hampshire Employment Security - Nashua

Office

Southern New Hampshire Services, Inc.

FOOD SECURITY

Nashua Soup Kitchen & Shelter

NH Food Banks in Hillsborough County

Southern New Hampshire Services, Inc.

HOUSING

Affordable Housing Services Hillsborough County

Families in Transition

The Front Door Agency

Harbor Care (integrated housing)

Manchester Housing and Redevelopment Authority

Nashua Soup Kitchen & Shelter

New Horizons Shelter

Southern New Hampshire Services, Inc.

MEDICAL SERVICES

Lamprey Health Care

MENTAL HEALTH SERVICES

Greater Nashua Mental Health

Hillsborough County Nonprofit Mental Health

Services

The Mental Health Center of Greater Manchester

MISCELLANEOUS SERVICES

Manchester ServiceLink

Nashua ServiceLink

Salvation Army Hillsborough County

Southern New Hampshire Services, Inc. (energy

assistance, child development) -

Touchstone Farms (therapeutic horse farm)

RECREATION & WELLNESS

Hudson, NH Recreation Center

Hillsborough County Parks

Hillsborough County Walking & Nature Trails

YMCA Allard Center of Goffstown

YMCA of Downtown Manchester

SOCIAL SERVICES

Western Hillsborough County Family Services

SENIOR SERVICES

Bureau of Elderly Services

Monadnock RSVP Volunteer Center

The River Center

TRANSPORTATION

The Care Givers

Community Volunteer Transportation Company

Gentle Care Rides

Hillsborough County Rural Transportation Services

Manchester Transit Authority

Monadnock RSVP Volunteer Center

Nashua Transit System

Souhegan Valley Rides





MERRIMACK COUNTY

EMPLOYMENT

Community Action Program, Belknap-Merrimack

Counties

New Hampshire Employment Security - Concord

Office

Second Start

FOOD SECURITY

Community Action Program, Belknap-Merrimack

Counties (health, food, and nutrition)

Henniker Food Pantry

Hooksett Community Food Pantry

Loudon Food Pantry

Nashua Soup Kitchen & Shelter

NH Food Banks in Merrimack County

Pittsfield Food Pantry

St. John Neumann (food pantry)

United Church of Penacook Food Pantry

HOUSING

Community Action Program, Belknap-Merrimack

Counties

MEDICAL SERVICES

HealthFirst Franklin

MENTAL HEALTH SERVICES

Greater Nashua Mental Health

Riverbend Community Mental Health, Inc.

MISCELLANEOUS SERVICES

Boys & Girls Clubs of the Lakes Region (afterschool programs)

Community Action Program, Belknap-Merrimack

Counties (health, food, and nutrition) -

Concord ServiceLink

Southern New Hampshire Services Programs

Touchstone Farms (therapeutic horse farm)

RECREATION & WELLNESS

Concord Family YMCA

Concord NH Parks & Rec Department

SOCIAL SERVICES

Bridges (domestic and sexual violence support)

The Salvation Army

SENIOR SERVICES

Community Action Program, Belknap-Merrimack

Retired and Senior Volunteer Caregivers Program

Salem Senior Services

TRANSPORTATION

The Care Givers

Community Action Program, Belknap-Merrimack

Counties

Concord Area Transit

Nashua Transit System

Retired and Senior Volunteer Caregivers Program





ROCKINGHAM COUNTY

EMPLOYMENT

New Hampshire Employment Security - Salem Office

Rockingham County Careers

Rockingham County Employment Directory

Southern New Hampshire Services, Inc.

FOOD SECURITY

Gather

Southern New Hampshire Services, Inc.

St. Vincent de Paul

NH Food Banks in Rockingham County

HOUSING

Low-Income Housing Rockingham County

New Generation, Inc.

Southern New Hampshire Services, Inc.

MEDICAL SERVICES

Lamprey Health Care

MENTAL HEALTH SERVICES

Center for Life Management

Seacost Mental Health Center, Inc.

MISCELLANEOUS SERVICES

Atkinson ServiceLink

Exeter, NH Community Services

Newmarket Community Church

Southern New Hampshire Services, Inc. (energy

assistance, child development) -



Stratham ServiceLink

Touchstone Farms (therapeutic horse farm)

RECREATION & WELLNESS

Applecrest Farms

Childlight Yoga -



Derry Rail Trail

Londonderry Rail Trail

Musquash Conservation Area

Pawtuckaway State Park

Rockingham Recreational Rail Trail

Wason Pond

YMCA of Greater Londonderry

YMCA of the Seacoast

SOCIAL SERVICES

Southern New Hampshire Services

SENIOR SERVICES

Greater Salem Caregivers

ServiceLink of Rockingham County

TRANSPORTATION

Community Caregivers of Greater Derry

Cooperative Alliance for Regional Transportation

Cooperative Alliance for the Seacoast Transportation

Gentle Care Rides

Ready Rides

Rockingham County Meals on Wheels

Rockingham County Public Transportation

Transportation Assistance for Seacoast Citizens

Wildcat Transit

360 SHS

11 | Page





STRAFFORD COUNTY

EMPLOYMENT

Strafford County Community Action Program New Hampshire Employment Security - Somersworth Office

FOOD SECURITY

Bethany United Methodist Church Food Pantry NH Food Banks in Strafford County St. Joseph Roman Catholic Church Food Pantry

Strafford County Community Action Program

St. Thomas Episcopal Food Pantry

HOUSING

Strafford County Community Action Program

MEDICAL SERVICES

Goodwin Community Health Center Wentworth Health Partners

MENTAL HEALTH SERVICES

Community Partners of Strafford County

MISCELLANEOUS SERVICES

Rochester ServiceLink

Strafford County Community Action Program (energy

assistance, youth/family services) -



RECREATION & WELLNESS

Friends in Action

YMCA of Strafford County

SOCIAL SERVICES

Rochester Salvation Army

Strafford County Community Action Program

SENIOR SERVICES

Abundant Blessings Homecare Central NH VNA & Hospice Cornerstone VNA

Strafford County Community Action Program

TRANSPORTATION

Cooperative Alliance for the Seacoast Transportation **Rockingham County Transportation Services** Strafford County Community Action Program Wildcat Transit 360 SHS







SULLIVAN COUNTY

EMPLOYMENT

Alpine Staffing Agency

New Hampshire Employment Security - Claremont

Office

Southwestern Community Services

TPI Staffing Group

FOOD SECURITY

Greater Sullivan Strong

Kearsarge Lake Sunapee Community Food Pantry

NH Food Banks in Sullivan County

Southwestern Community Services

Vital Communities

HOUSING

Directory of Assisted Housing

Official Housing Authority

Southwestern Community Services

Turning Points Networks

MEDICAL SERVICES

Alice Peck Day Memorial Hospital

Mt. Ascutney Hospital and Health Care Center

New London Hospital

Newport Health Center

Sullivan County Health Care

Valley Regional Health Care

MENTAL HEALTH SERVICES

Counselling Associates of New London

Granite State ABA Services, LLC

Mountain Valley Treatment Center

Wediko Mental Health

West Central Behavioral Health

MISCELLANEOUS SERVICES

Claremont ServiceLink

Dover Public Library

PathWays of the River Valley

Southwestern Community Services (energy

assistance, weatherization) -

Sullivan County Humane Society

Touchstone Farms (therapeutic horse farm)

RECREATION & WELLNESS

Arrowhead Recreation Area

Claremont Parks and Recreation

Newport Parks and Recreation

SOCIAL SERVICES

Community Alliance for Human Services

Southwest Community Services

Turning Points Network

SENIOR SERVICES

Lake Sunapee Region VNA and Hospice

Newport Senior Center

The Sullivan County ServiceLink Program

Visiting Angels

TRANSPORTATION

Golden Cross Ambulance

Greater Sullivan Strong

Southwestern Community Services

Sullivan County Directory of Community

Transportation Services